

Frequently Asked Questions (FAQs)

Business & Professional Coach Training Certificate Program(BPCCP)

What is the Business & Professional Coach Training Certificate Program (BPCCP)?

An ICF-accredited (Level 2) coach training program designed to develop skilled coaches through a combination of professional rigor, practical coaching experience, and personal/professional development.

You will learn coaching competencies while also developing the capacity to bring your full, grounded self into coaching relationships.

Who is this program for?

This program is a good fit for:

- aspiring coaches seeking an ICF-aligned training pathway to certification and credentialing
- experienced professionals adding coaching to their current practice of consulting, HR, education, counseling, or nonprofit work
- Leaders who want to expand their capacity to lead through change and facilitate transformation

Do I need previous coaching experience?

No. Prior coaching experience is not required.

What makes this program different from other coaching programs?

Many programs teach coaching skills. This program is intentionally transformational. Alongside competency-based training, you will:

- be coached yourself
- observe experienced coaches modeling the work
- engage in reflection, supervision, and real-world application
- Start your own coaching practice while being mentored and supervised

We believe you can't bring something to others that you don't have yourself. This program is designed with adult-learning principles and is highly experiential

Is this program only about certification?

No. While the program meets rigorous accreditation standards, it also emphasizes humanity, transformation, and development of the coach as a person. This program provides depth beyond coaching competencies to equip the coach with knowledge and exposure to the art, business, and science of coaching

Program Format & Schedule

Is the program virtual, in-person, or hybrid?

Open enrollment is offered virtually, in-person, or hybrid, depending on the cohort. Specific formats vary by start date. For virtual and hybrid we use a zoom platform and learning is enabled through a Google Classroom. Our hybrid program includes 2 in-person sessions, and 8-virtual sessions.

How long is the program?

The program runs 10 months.

Why does the program take 10 months?

Adults learn through cycles of learning, reflection, practice, application, and integration. The 10-month structure allows you to practice coaching in real settings, reflect on your experience, connect with peers and other practicing coaches, while deepening your skills over time. This is not a fast-track or information-dump program.

How often do we meet?

Sessions meet once per month, over a weekend (Fri-Sat) and are designed in learning “chunks” so you can practice and integrate between sessions.

How long are the monthly sessions?

Typical monthly sessions are 1.5 days (8:30-5:00 pm ET Friday + 8:30-1:00 pm ET Saturday). The first and final sessions are 8:30-5:00pm on Friday and Saturday.

What happens in a typical session?

Expect a highly interactive mix of:

- applied learning (not lecture-heavy)
- coaching demonstrations
- breakout work, reflection, and discussion
- Coaching practice, observation and feedback tied directly to ICF competencies
- Subject Matter Experts provide exposure to coaching and business niches
- Coaching Supervision and Mentor Coaching

ICF Accreditation & Credential Path

What does “ICF Level 2” mean?

ICF Level 2 indicates the program meets International Coaching Federation standards for coach education and includes required elements such as competency-based training, mentor coaching, and performance evaluation.

Will I be an ICF-credentialed coach when I graduate?

This program meets one of the requirements for ICF Credentialing. ICF Credentialing requires:

- Education (Coaching Certification) from a Level1, Level2 or Level3 Accredited Program
- Experience (Coaching experience outside of the classroom) a minimum of 100 hours
- Exam (A written proctored ICF Exam)
- Mentor Coaching (A minimum of 10 hours)

Graduation completes your coach education requirements, mentor coaching and some of your experience requirements.

What are ACC and PCC Credentials?

- **ACC** (Associate Certified Coach): typically requires 100 coaching hours of coaching experience
- **PCC** (Professional Certified Coach): typically requires 500 coaching hours of coaching experience

Your training from this program fulfills the education requirement for both credentials, as well as, ten-hours of required mentor coaching.

Coaching Practice, Mentor Coaching & Supervision

Do I have to coach clients during the program?

Yes. You will coach outside of class to build real-world practice, proficiency and confidence. These experience hours count both towards certification and ICF Credentialing.

How do I find practice clients while I am in the program?

We provide guidance and suggestions, including:

- community and professional networks
- cohort collaboration and peer coaching
- opportunities through the program when available

What is the difference between mentor coaching and coaching supervision?

- **Mentor coaching** focuses on ICF competencies and skill development (helping you move from novice to proficient)
- **Coaching supervision** supports reflective practice examining patterns, ethics, presence, confidence, and what may be happening in the coaching relationship. Coaching Supervision is for you, the coach and part of our support in helping you embody a coaching mindset.

Is coaching supervision required after graduation?

It is not currently required in the U.S., but it is strongly recommended by ICF as a professional practice and is common internationally.

Completion & Evaluation Requirements

What do I have to do to complete the program?

Completion typically includes:

- participation and attendance
- coaching practice during and outside of the learning sessions
- observed coaching with feedback
- a performance evaluation (oral exam) demonstrating ICF Coaching Competencies

Full details are outlined in the [Participant Enrollment Agreement](#).

Will I be prepared for the ICF exam?

Yes. The program supports strong readiness through competency-based training, observed coaching feedback, and mentor coaching.

Enrollment, Payment & Policies

What's the difference between the Registration Form and Interest Form?

- Use the [Registration Form](#) if you are ready to enroll
- Use the [Interest Form](#) if you want more information-dates, details, or next steps

How do payments work?

Payments can be made on the [website](#) and on the [registration](#) form.

Form of payment include:

- Direct ACH, Zelle, or invoicing
- [Credit card](#) (Early Bird)
- [Payment plan](#) (buy-now, pay later)

Where can I find program policies and agreements?

Use the buttons on this page:

- [Information and Policies](#)
- [Participant Enrollment Agreement](#)

Do you offer early bird rates or discounts?

When available, early bird options appear under Direct Payment – Early Bird Discount.

Practical Questions

Are there geographic restrictions on where I can coach?

No. Coaching is not licensed like therapy or psychology. Coaches commonly work across state lines and internationally, especially via virtual coaching.

Is this program appropriate for therapists, psychologists, or clinicians?

Yes. Many helping professionals pursue coaching training to expand skills and clearly understand ethical boundaries between coaching and clinical practice.

Can I use this training to coach in a specific niche?

Yes. The core coaching competencies apply across niches (life, leadership, health, nonprofit, etc.). You choose how and where to apply them.

Ready to enroll? Start with [Registration](#).

Not sure yet? Use the [Interest](#) Form.