

Coaching Skills for Leaders

This experiential workshop provides a unique learning and development experience for leaders. It equips those responsible for the development, alignment, empowerment and performance results of others, with tools, techniques and best practices to integrate coaching into their leadership style.

Why attend this coaching training?

This coaching training program helps leaders develop a coaching mindset and a particular set of coaching skills to expand their capacity to lead effectively. Leaders who coach evoke more creativity and potential from their talent and experience a greater range of influence. This workshop focuses on helping the leader use a more coach-like approach with their peers, and teams as they foster a more empowering and diverse culture. Leaders set the tone for the team and organization culture. The skills and perspectives gained in this workshop, strengthens the leader's capacity to create a culture of growth, with less stress, more collaboration and greater effectiveness in achieving organization or business success. In short, they learn to develop other leaders and maximize their leadership impact. In addition to coaching skills, leaders will learn various models and techniques that can be put into practice immediately, so you leave with increased confidence in your ability to integrate coaching skills effectively and release your potential and that of your team.

Who should attend?

Leaders, managers or supervisors and internal consultants (HR/OD/OE/L&D) who want to increase their ability to create a climate for effective coaching in various situations, such as: having meaningful and productive conversations, creating perspective, expanding or building a more trusting culture, motivating self-development, reinforcing the behavior of top performers, and building strategic relationships.

Course Logistics:

Duration: This workshop is delivered optimally in 2 days. It can be customized to 1.5 days.

Cost: based on duration, open enrollment or customized for a team or company.



Sackeena Gordon-Jones is the president and chief coaching officer of Transformation Edge Coaching & Consulting, LLC, a leader in the coach training and services field. She works nationally and internationally with leaders as a coach, consultant and trainer. Sackeena has trained over 400 coaches and leaders across various industries, as well as, private, government and non-profit sectors. She has designed and facilitated highly successful leadership and coach development programs for clients and is the director of the Business Coaching Certificate Program affiliated with NC State University. When not training coaches, Sackeena provides executive and personal coaching specializing in emotional intelligence and neuroleadership to help leaders transform and play to their edge.



What you will learn:

- Context for coaching, *the why and when*
- Adopting a coaching mindset, and the 3 crucial skills that bring out the best in others
- Introduction to the Core Coaching Competencies
- Integrating coaching skills into leader role
- Powerful Coaching model & framework
- Identifying and leveraging coachable moments
- Skills and behaviors needed for less stressful performance management conversations

What adds to the uniqueness of this program:

Through a combination of interactive classroom instruction, OTJ supervision, hands-on practice, reflective learning and peer coaching, participants develop self-awareness and the ability to coach in a leadership, manager and/or consultant context.



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