

Weekend of Renewal

Women's Retreat!



May 11-13, 2018

A Program to help you Transform From Surviving to Thriving!
Release, Relax, Reflect, Refocus & Renew You!

Life has a way of overwhelming us, and before we know it, we're off-track, off-centered, unfulfilled, un-balanced and stressed!

If you feel that your dream is fading, your energy is diminishing; you're going so fast, but not always in the direction you want, then this retreat is for you.

Sometimes you have to pause and breathe, in order to see clearly and move forward. Join us this May -- it could be the perfect time for you to come up for air!

The retreat by the sea, offers you a place to quiet the noise around you, so that you can hear the voice inside and above you. It's a time to awaken to insight and inspiration. It's also a time for self-care; a personal renewal with your very own "me" time.

Are YOU worth the investment!

If you answered yes, Be Intentional and Act on your Intentions
---- **Sign up now**, and book your space by the sea; you are about to experience -- **Living more fully!**

"If you don't change direction, you may end up where you're heading" Lao

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You will enjoy a relaxed atmosphere and interactive participation with like-minded women.

You will leave with a customized "*Vision Map*" to chart a path to living with more meaningful accomplishment and more harmony!

You will get tools to help:

- Clarify where you're going (your Dream/Vision)
- Discover your Authentic Self
- Manage stress in the moment
- Live your life around your values, purpose & priorities

Dr. Sackeena Gordon-Jones has a gift for helping people tap into their gifts, passion and power, clarify their vision and dream, and lay out a strategy to navigate their Journey. Experience working with a Professional Credentialed Executive and Personal Coach, and step closer to your destiny.



Registration Information

What: Weekend of Renewal – Women’s Retreat

Where: Myrtle Beach - Kinston Plantation Resort Area (Embassy Suites)

When: May 11-13, 2018; Check out at 11:00am on the 13th (*home in time for Mothers’ Day dinner*)

Pre-registration is required. Registration deadline April 18, 2018

Regular \$479; ***Mother’s Day Weekend Special*** – save \$229 (*my gift to you*) **\$250**
First five to register will receive a complimentary hour of one-on-one transformational coaching
(Strategy Session)

Early Registration Special: Register by Mar 18, pay only \$225

Registration fees may be paid by credit card, PayPal or Money order. To register send email to: admin@transformationedge.com or call: 919.745.8944 **\$100 non-refundable deposit included.**

[Click here to register online](#)

Cancellations must be received in writing no later than April 26, 2018. No refunds will be issued after this date.

Don’t forget to also book your rooms; they sell out fast at the Embassy:

Reserve your room now to hold your space → current rates \$189 p/night